



**Winter Sports Competition Entry Information  
Snow Sports**

<b>Head coach name</b>			
<b>Daytime or cell phone</b>	<input type="checkbox"/> Daytime	<input type="checkbox"/> Cell phone	
<b>E-mail address(es)</b>			
<b>Snow sports head coach oversees</b>	<input type="checkbox"/> Alpine skiing	<input type="checkbox"/> Cross-country skiing	<input type="checkbox"/> Snowboarding <input type="checkbox"/> Snowshoeing
<b>Delegation planning to train at Bachelor on Friday</b>	<input type="checkbox"/> Yes		<input type="checkbox"/> No

**Assistant Coach/Chaperone Roster**

- Please be sure to include enough assistant coaches and/or chaperones to meet the requirement of 1 coach/chaperone for every 4 athletes.
- Please indicate the sport the coach/chaperone is coaching with the following codes in the “Type” column: put an “AS” for an alpine skiing coach, put an “XC” for a cross-country skiing coach, put “SB” for a snowboarding coach, and put “SS” for a snowshoeing coach.
- Please indicate if a coach is going to have rental needs at Mt. Bachelor by putting an “x” in the “Rental” column.
- Please indicate anyone serving as a 1:1 chaperone by putting an “x” in the “1:1 chaperone” column and include the name of the athlete that the volunteer is a 1:1 chaperone for.

<b>Name</b>	<b>Type</b>	<b>Rental</b>	<b>1:1 chaperone</b>



## CROSS-COUNTRY SKIING AND SNOWSHOEING

### Competition Entry Reminders

NOTE: Athletes may compete in only one sport (alpine skiing, cross-country skiing, snowboarding or snowshoeing). Athletes may not compete in individual events in different sports (i.e., 100m snowshoe and 4x100m cross-country relay).

- Please review the current year's Special Olympics Oregon Snow Sports Rules and Guidelines for the complete list of rules and guidelines for the snow sports season.
- Please be sure that each athlete and unified partner listed on the roster has a current medical form or unified partner form on file that is valid through the end of the season.
- Please include all special notes about an athlete (i.e., blind, deaf, etc) in the "Notes" column.
- Please indicate any athlete that needs 1:1 supervision by putting an "x" in the "1:1" column with the name of the volunteer who is serving as the athlete's 1:1 chaperone.
- Please make additional copies of this form as needed to register all of your athletes.
- Please indicate the sport the athlete is competing in with the following codes in the "Type" column: put an "XC" for a cross-country athlete, and put an "SS" for a snowshoeing athlete.
- Please indicate if an athlete is going to have rental needs at Mt. Bachelor by putting an "x" in the "Rental" column.
- Please indicate if an individual is a Unified Partner by putting an "x" in the "UP" column.
- An athlete may enter up to 2 individual events and 1 relay event. Be sure to review registration and rules reminders in the current year's Special Olympics Oregon Snow Sports Rules and Guidelines regarding event specifics.
- Please indicate the event(s) each athlete will compete in, including the qualifying time in that event:
- Cross-country skiing events offered
  - 50m
  - 100m
  - 500m
  - 1K
  - 3K
  - 5K
  - 4x1K Relay
  - 4x1K Unified Relay
- Snowshoeing events offered
  - 50m
  - 100m
  - 200m
  - 400m
  - 800m
  - 4x100m Relay
  - 4x100m Unified Relay
- If an athlete or partner is on a relay team, please indicate the relay team number in the "Relay team number" column, such that it appropriately corresponds with the Cross-Country Skiing/Snowshoeing Relay Entry.
  - Only 5 names may be entered on a traditional relay team (4 primary cross-country skiers or snowshoers and 1 alternate). None of these athletes may be listed on any other relay team.
  - For Unified relay teams, up to 6 teammates may be listed. A minimum of 2 athletes and 2 partners and maximum of 3 athletes and 3 partners may be listed (allowing for one athlete alternate and one Partner alternate). None of these individuals may be listed on any other relay team. The athlete or partner who will serve as a relay team alternate must be identified by putting an "A" after the appropriate relay team number.

