Unified Champion Schools is made up of three core components:

**Unified Sports**
- Unified Sports Competitive
- Unified Sports Recreation
- Unified PE
- Unified Sports Day
- Unified Sports Clinic
- Fans in the Stands

**Inclusive Youth Leadership**
- Unified Club
- Unified Leadership
- Inclusive Student Council
- Youth Leadership Summit

**Whole School Engagement**
- Respect Campaign
- Assemblies
- Awareness Activities
- Polar Plunge
- Unified Sports Pep Rally