Unified Champion Schools (UCS)
UCS is a movement that aims to change school communities through the power of inclusion, acceptance, sport, and Unified activities. The Special Olympics Oregon Unified Champion School program is aimed at promoting social inclusion through planned and implemented shared sports training and competition experiences.

Seasonal Sports
Special Olympics Oregon offers 14 Olympic-style sports to children and adults with intellectual disabilities across Oregon. Like all athletes, our participants love to train, compete, and do their best, whether they win or lose. We support them with Local Program training, regional and state competitions, school-based resources and more.

SOOR Active
A wellness community to keep athletes active, healthy, and engaged during this time that we are unable to offer in-person sports training. SOOR Active is an athlete-driven, at-home fitness community focused on health and wellness resources for members on the Facebook platform.

Athlete Interns
SOOR staff sponsors athletes in a professional level internship to athletes gain work-place skills, confidence and career building experience.

Athlete Input Council (AIC)
The AIC is a made up of Special Olympics Oregon athlete leaders who are passionate, engaged and ready to make a change in the world.

“Let me win. But if I cannot win, let me be brave in the attempt.”
- Special Olympics Athlete Oath

Choose from 14 sports across multiple seasons

Winter Sports  |  Summer Sports  |  Fall Sports
It's all about the athletes!

Looking to get involved in a meaningful way?

Special Olympics Oregon volunteers are fundamental to every single program and event across the state. Volunteer opportunities range from coaching and program management to event volunteers and administrative support. There is a role for everyone. Due to COVID-19 safety concerns, we are not able to offer in-person sports training, competitions and events at this time.

Event Volunteer: Winter Virtual Games
Create encouraging videos, be virtual fans in the stands, be a social media advocate, or make cheer cards!

Virtual Volunteer: Esports Manager
Our athletes are competing in Esports! They play Rocket League every Monday! We have opportunities for people to volunteer to help create private matches, support with admin controls, oversee streaming, etc. Need to be available Monday evenings 5:45 pm - 7:30 pm.

Virtual Volunteer: SOOR Active
We are seeking volunteers to engage athletes from the safety of their own home! Volunteers can showcase some of their skills or knowledge for our athletes online. You can teach a class, host an activity, or share a talent via webcam. This is a great way to help connect volunteers and athletes during these very isolating times.

Coach
Coaches play a unique role in Special Olympics Oregon, working hands-on with athletes to provide the sports skills and spirit they need to compete. We are not able to offer our traditional in-person sports training and competitions at this time. We are offering Virtual Sports Seasons supported by local and statewide coaches and mentors.

Local Program Leadership
Join the volunteer management team and help make an ongoing difference to your local community. Volunteers coordinate sports, register athletes, communicate with families, reach out to the community, raise funds, and more. It’s fun to work together with your local group.

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